

Orthodox Church in America • Diocese of New York and New Jersey



First Annual

Lenten Women's Retreat

FRIDAY, MARCH 10 – SUNDAY MARCH 12, 2023

Register at:

http://portal.campnetwork.com/Register/Register.php?camp_id=397695

\$125 for the Weekend
(\$50 for Saturday only)

Keynote Speaker: Cynthia Damaskos

Cynthia is a Certified Integrative Nutrition Health Coach specializing in Functional Medicine, Nutrition and Lifestyle Management. She is the author of *The Holistic Christian Woman*, host of the *Holistic Christian Life* podcast, and co-host of *The Filled With Less Show* on Ancient Faith Radio.

Also attending: Archbishop Michael

For more information

Call: 315-868-4138 or
Email: kzaitseva08@gmail.com

